# Statement of Informed Disclosure

* I am a clinical herbalist and certified flower essence practitioner with 966+ hours of training in nutrition, herbalism, physiology, flower essences, and related topics. I cannot provide a conventional medical disease diagnosis or treatment. I am not licensed in any capacity by the State of Colorado, and my services do not replace those of a licensed physician. I advise all clients to seek the advice of a licensed healthcare provider. A referral list of such practitioners is available upon request.
* My consultations are designed to educate the client on the beneficial effects of nutrition, diet, supplements, herbs, and lifestyle changes. Clients are encouraged to take responsibility for their own health.
* Any herb has the potential to cause an adverse effect. If adverse effects or discomfort occur, stop taking the herb/s immediately and notify me at the Evergreen Center.
* Some herbs may interact with pharmaceuticals. I am trained in drug-herb interactions. It is important to disclose all medications you are taking (including over-the-counter or recreational drugs), and that you discuss possible interactions with your prescribing healthcare provider.
* I may provide you with professional information about possible side effects of your medications. **This does not constitute a recommendation to stop taking them**. If you have concerns about side effects, please discuss them with your prescribing healthcare provider.
* Colorado State law specifically prohibits herbalists from dispensing a medical protocol (herbs or supplements) to a pregnant client or a client diagnosed with cancer. We can provide such clients with supportive education concerning herbal safety, nutritional and vitalist lifestyle practices.
* Any information discussed during our sessions is held in strictest confidence. Exceptions, as required by law: impending suicide, homicide, child abuse.

**I have read the above statements and agree to their terms.**

**Client name** (please print):

Signature: Date:

**Clinician name**: Laurie Rochardt

Clinician signature: Date: